

Winter 2019

Please send any feedback, new physicians, stories, conferences, or information you want us to include in the next newsletter to kylie.nissen@und.edu.

Volume 1, Issue 2

NDAAP eNewsletter

Announcements

Don't forget! The next NDAAP Membership Meeting – a continuation of strategic planning and business meeting – will be held on Thursday, January 16, 2020 at the Holiday Inn Executive Room in Fargo.

All members and those interested in becoming members are encouraged to attend. We want to hear from you, the membership!

Mark Your Calendars: The NDAAP Spring Meeting will be May 1, 2020 in Bismarck.

What do you want to see?

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Next NDAAP Meeting Set



The next NDAAP Meeting will be Thursday, January 16, 2020. Everyone is welcome and encouraged to attend!

Location: Executive Room at the Holiday Inn, Fargo, ND

Agenda:
5:30 pm Business/Education Meeting
7:00 pm Networking Social

Please RSVP by January 10 to Kylie at kylie.nissen@und.edu if you will be attending so we can get an accurate food count.

PCAND will be presenting on infant death reviews, progress in North Dakota, and would also like to have input from you.

Letter from the President

Hello Partners in Child Health,

The 2019 American Academy of Pediatrics National Conference and Exhibition was held in New Orleans, Louisiana. Though it started off as quite a rainy weekend, the fun and festivity of the New Orleans streets found its way into the conference center by way of the rich jazz music borne out of this region.

Our CEO, Mark Del Monte, issued a clear call to action for pediatricians to vote, leverage voting in their states and communities, and participate in efforts to ensure an accurate kids count in the upcoming census. Senator Sonya Sotomayor introduced her new book, "Just Ask: be different, be brave, be you", and answered questions from local school children. Peds21: "Opioids Through the Ages: Caring for Children and Families in the Wake of the Opioid Crisis" was a deep dive into caring for our patients who are exposed to opioids in utero, accidentally as toddlers, and through the medical system or recreationally as adolescents and into adulthood. Some highlights out of this section include new research out of Yale which is challenging the status quo for evaluation and treatment of neonatal abstinence syndrome, and a discussion of the bio-behavioral approaches to the treatment of pain which provided a broader, evidence-based evaluation of tools that clinicians could utilize for the treatment of pain.

Needless to say, my taste buds were in heaven with the savoury mix of French, Caribbean, and Cajun cuisine.

All in all, the 2019 AAP NCE was a success both in and outside the convention hall. And now, it is time for us to take this information, join hands with each other and other partners in child health across our state, and use this momentum to continue to move efforts forward for children in our state. Let's Go!!

With hope,
Kathy Anderson, MD, FAAP
NDAAP President
Unapologetic Child Advocate

Leadership Roles/Volunteer Opportunities

1. **Section on Early Career Physicians (SOECP)** – The SOECP strives to ensure members achieve a successful and fulfilling start to their chosen career path and build a strong foundation for their career that optimizes clinical care, advocacy for children and child health, and leadership within the AAP, the profession of pediatrics, and their communities. The NDAAP is currently seeking a Chapter Champion. If you are interested in the position, please contact Kathy Anderson (k_anderson2001@hotmail.com) or Kylie Nissen (kylie.nissen@und.edu).

2. **Young Physicians Leadership Alliance (YPLA)** is taking applications for early career faculty and senior faculty until January 31. Applications to join the 2020-2022 YPLA class will be accepted from January 1 – March 1. For more information on any of these opportunities, go to www.tinyurl.com/YPLA20-22.

Grants and Opportunities

1. **CATCH Grant Call for Proposals:** This program awards pediatricians up to \$10,000 and residents up to \$2,000 to fund innovative ideas to plan or implement initiatives that address critical child health issues in local communities. Questions? Reach out to CATCH staff at catch@aap.org or contact Brenda Thurlow, the NDAAP CATCH Representative at Brenda.thurlow@sanfordhealth.org. To learn more about CATCH visit aap.org/CATCH.

2. **Healthy People 2020:** Global Health: each year the AAP has healthy people grants that chapters can apply for. This year, the topic is school health. We are awaiting the specific topic for 2020, but we have been told it is related to Global Health. More on this to come.



New Physician – Dr. Thuy Nguyen



My name is Thuy Nguyen and I am a Pediatrician.

After graduating from medical school in Vietnam, I moved to the states for residency at Mount Sinai hospital in Chicago. I've had the privilege of taking care of children in Grand Forks and the surrounding area since 2018. And I am proud to be a member of Altru's passionate and dedicated pediatric team that strives to give the best quality of care.

I approach my patients holistically with regard to body, mind, and spirit. I also enjoy caring for children from diverse backgrounds. I have interests in child development, behavioral health, and integrative medicine.

Outside of work, I enjoy cooking, reading, and doing outdoor activities along with traveling and trying out different cuisines.

North Dakota Involvement

Are you wanting to contribute your time and knowledge on topics you are passionate about? Governor Burgum has several Boards related to child health that you may want to consider joining:

Complete Count Task Force: recommends strategies that safeguard and promote the 2020 census to ensure a fair and accurate count for the state.

Autism Spectrum Disorder Task Force: Dr. Myra Quanrud, NDAAP past-president, has been the appointed pediatrician - Congratulations Myra!

Early Childhood Education Council: reviews the availability of early childhood education services in the state, identifies opportunities for public and private sector collaboration, and identifies ways to assist with the recruitment and retention of individuals interested in working as providers of early childhood education services.

Children's Cabinet: will study and coordinate care for children across the three branches of state government and the tribal nations; duties include developing strategies to address gaps or needs in early childhood care and education, medical and behavioral health, child welfare and juvenile justice.

Children's Behavioral Health Task Force: assess and guide efforts within the children's behavioral health system to ensure a full continuum of care is available in the state.

North Dakota Champion Needed

The NDAAP is looking for an Early Hearing Detection and Intervention (EHDI) champion. If you are interested, please contact Kylie (kylie.nissen@und.edu) or Kathy (k_anderson2001@hotmail.com). For more information, check out the EDHI Chapter Champion job description at <https://tinyurl.com/EDHIchamp>.