

NDAAP April 2020 Meeting
April 23, 2020

Attendance: Kylie Nissen, Lisa Kozel, Kathy Anderson, Parag Kumar, Sandi Tibke, Amy Oksa, Kristina daSilva, Chris Tiongson, Taylor Townsend, Kathy Brown, Lori Sondrol, Carrie Ranum, Maria Weller, Melissa Seibel, Patrick Welle, Susan Zelewski, Joey Schmuhl, Patty Watkins, Myra Quanrud

Kathy Anderson gave a welcome.

Pediatrician's Role in Preventing Child Abuse and Neglect, presented by: Sandy Tibke, Executive Director, Prevent Child Abuse North Dakota (PCAND) – PDF of PowerPoint will be available on the NDAAP website. We all play a role in preventing child abuse and neglect and this presentation took a closer look at data collected from the ND Child Fatality Review Panel regarding ND Children who have died as a result of child maltreatment over the past ten years. Survey Monkey will be out tomorrow and that info will be included in the report.

As far as child abuse and neglect reporting has not had many changes because of COVID-19. The additional stress, isolation, and children not having the opportunity to be in community settings, and increased rates in domestic violence have been issues related to COVID-19. Home visitors are doing their visits virtually. The Department of Education are trying to make sure the teachers are doing some “visits” with their students via video so they have some interaction with the children.

If there are families that pediatricians are concerned about go to their human services zone and talk to them. If you are seeing families and there are stressors but it hasn't crossed the line yet, contact Lutheran Social Services. They do home visits in Grand Forks, Fargo, Bismarck/Mandan, Dickinson, and Watford City. PCAND administers in Rolette County on and off Turtle Mountain BCI and in Custer Health District, Burleigh County. Cass County has Nurse Family Partnership but it is administered by Cass County. Parent Resource Centers around the state that are doing outreach and programming online for parents. She will send this list to Kylie to post on the NDAAP website. (6:40 pm)

Neonatal Considerations in the Time of COVID-19, presented by Karen Brown, MDO, Pediatric Neonatal-Perinatal Medicine, Sanford Medical Center, Bismarck, ND – Dr. Brown, neonatologist discussed recommendations and considerations around neonatal care. Initial AAP guidelines came out that infants be separated from mothers upon birth. WHO said the opposite, mothers should remain with newborn and breastfeed, etc. CDC says maternal-infant separation should be made on a case-by-case basis – clinical state of mother and include the parents in the decision. The parents have the right to refuse separation. There is limited evidence and minimal data. Data from China 4 reports showed no vertical transmission, 2 reports showed vertical transmission. No reports of neo-natal death to date. There has been a 6 week old in the Chicago area and a seven week old in Connecticut. Higher rate of pre-term labor/delivery for COVID-positive. More likely the more severe the COVID symptoms. For delivery it is recommended that the deliver occur in a negative pressure room with a limited number of providers in the delivery room. The mother should wear a mask and health providers should wear PPE (N95 if risk of aerosol procedures). The newborn stabilization should be done at least 6 feet away. The parents should wear masks when handling the infant. Antibodies for COVID have been found in breastmilk. Breastfeeding is encouraged. Hydroxychloroquine have not been shown to have negative affect on fetus or for breastfeeding. A healthy newborn can be discharged home with a healthy family

member. If mom is COVID positive she should remain at least 6 feet away until recovered. Follow-ups should be conducted through telehealth visits. Don't know what affects COVID has on first trimester.

Melissa Seibel reported on her experience in managing a PUI, mom was presumed positive. Everyone in the room needed to be in full PPE and kept the newborn crew out of the room. Mothers strongly desire rooming-in. They did separate for the initial resuscitation but then roomed in with the mom.

The AAP stated that their recommendations put out on April 2nd are a working document and expect them to change as more information becomes available.

There is a concern with mothers making the decision to home-birth to avoid not being able to have a partner in the room. This is a big concern because those babies then do not have the initial screening and follow-ups. Prenatal education is one way to try prevent this from happening. Fargo has seen a few more moms (3 in the last 2 weeks and they only came in because they or the baby had complications) having babies at home. There also seems to be a rush to get those born in the hospital discharged as quickly as possible.

There are no approved medications for COVID – especially not for children and the AAP stresses to not be prescribing these medications.

Dr. Parag Kumar has a contact that will speak to us about best practices, practical problems, COVID orphans, etc. next month if available.

Myra Quanrud (Jamestown) reported that they all took a pay cut last week. Private practices may be eligible for federal funds. Email Kathy Anderson to get more information.

Patty Watkins (and Melissa Seibel) said at Sanford said that they received an email asking them to work in areas outside of their normal scope if they are willing. There will be support from the administration regarding liability if that is done.

Children under 2 years old should be seen

Myra Quanrud is doing well-child checks are being done by video. Allows them to see the child in their own environment and still get their teaching moments. Kylie will check with Blue Cross coverage for payment of well-child visits and Susan Zelewski will check with Altrus' billing department because they have been doing wellchild visits via telehealth

Parag Kumar was wondering if NDAAP would be supportive of backing drive-through immunization clinics. This is being done in other states. The institutions need to approve this being done at their facilities.