

## **NDAAP Fall Meeting**

September 13, 2013

Bismarck, ND

In Attendance: Amy Juelson, Chris Tiongson, Kathy Anderson, Barbara Bentz, Steve Tinguely, Todd Twogood, Lori Sondrol, Brenda Thurlow, Joan Connell, Kylie Nissen

Treasurer's Report: Chris Tiongson has had the NDAAP checkbook for many years and Barbara Bentz has been receiving the bank statements for the past year. Joan Connell spoke with Kathy Anderson and Kathy agreed to be the new NDAAP Treasurer! Barbara and Kathy will work to get the bank information (statements and checkbook signing authority) transferred into Kathy's name. Chris handed over the treasurer's box and checkbook to Kathy. Barbara didn't have the most recent bank statement with her so she will email the Board the total amount in the account.

Barbara brought up the idea of asking the Dakota Medical Foundation to manage a small amount of money that could eventually be used as a grant from the NDAAP. For example, if someone donates \$10000 to the NDAAP this is a fund that that money could be put into. Barbara will contact DMF to see if this would be an option.

### Committees:

NDAAP members active on National AAP Sections:

- AAP Medical Home – Chris Tionson, Myra Quanrud
- Asthma – Joan Connell, Lori Sondrol
- Breastfeeding – Brenda Thurlow, Kathy Anderson
- CATCH – Brenda Thurlow
- PROS – Lori Sondrol
- Integrated Medicine – Kathy Anderson
- Legislative – Todd Twogood, Barbara Bentz
- Infectious Disease – the AAP is looking for representation in this area. *Chris Tiongson is going to ask Dr. Cliff Mauriello from Sanford in Fargo to represent the NDAAP in this section.*
- Hazmat – Parag Kumar (Parag is also the social affairs chairperson for the ND Medical Association)
- Native Child Health – Sarah Jumping Eagle

When members become affiliated with a topic, try to get them into that AAP section and that way we can ask them to report on it at the spring and fall meetings as a way to get them involved with the NDAAP.

**Breastfeeding:** Brenda wasn't able to attend the last meeting but will be going to the Orlando meeting. Quinton Burdick is officially MSA Baby Friendly. *There is a breastfeeding webinar coming up this month. Brenda will send Kylie the information to send out to the membership.*

**CATCH** – There hasn't been a CATCH grant application from North Dakota in several years. CATCH grants are aimed at serving underserved populations or needs and must include Medical Home. There are two grant cycles per year where they take applications. CATCH grants require pediatricians to be the primary person on the grant. They can be designed to be a grant that can be written in a day – supposed to be easy to write. If you are submitting a CATCH grant application, use Brenda because you get bonus points for working with your CATCH coordinator.

**PROS:** Lori would like to get more information on PROS out in a newspaper-like format. The NDAAP no longer has a newsletter, so it was decided that she will send the information to Kylie to put on the website and then that information will be highlighted on the NDAAP Facebook page. New PROS studies should be coming out soon.

**EMSC Committee:** no longer a committee. *Kylie will remove from the website.*

**Legislative Committee:** There has been a group of parents who want school to start after Labor Day. This will be on the November 2014 ballot. NDAAP will put educational information on this issue on our Facebook page. There is an article in the Bismarck Tribune from August 19 that Barbara will post on the page.

Kathy attended the legislative conference this summer.

At the AAP District VI meeting Joan talked about tanning beds and the letter she wrote to her legislator which resulted in him apologizing for a tanning bed bill that he supported.

**Membership/New Pediatricians:** There are new pediatricians in Dickinson. *Todd will give Kylie the Dickinson Sanford pediatrician contact information and Joan will give her the St. Joseph's contact info. Kylie will send the members and non-members lists to those present at this meeting to update – send all updates to Kylie.*

**Teleconferences:** District VI has monthly teleconferences. Would it be possible to have NDAAP monthly calls? This would be a venue to ask questions of other pediatricians and be educated about things going around in the state. What are your needs, questions, concerns? What is the NDAAP doing? What can be done? What are the needs in your community?

- NDAAP decided that we will hold these calls for the next 12 months as a trial period.
- Once per month from 12:30 pm – 1:00 pm on the 1<sup>st</sup> Wednesday of the month beginning in October.
- Will call it *North Dakota Pediatric Link Teleconference*
- Agenda items for first call: 1) Introduction of new Pediatricians in Dickinson and western challenges 2) Can we write a CATCH grant that would help answer your needs.
  - Todd will contact the Dickinson pediatricians and ask them to be on the call.

Kylie will email out one week and also two days prior to the teleconference a notice to all ND pediatricians. *Next week Kylie will send out the conference call number to those in attendance at this meeting and send a notice to all ND pediatricians notifying them of this activity.*

Future Meetings: The UND SMHS Department of Pediatrics will sponsor the CME portion of the NDAAP meetings going forward because then there is no charge because they are a SMHS department. Medical students will be highly encouraged to attend the meetings. All pediatric students on rotation at the time of the meeting will be invited to the meeting and will be encouraged to attend with the physicians they are working with.

Facebook Page: Tracie Newman (called in to meeting to report) is working with Barbara Bentz on the NDAAP Facebook page. They have been posting interesting articles on the page. We are up to 65 likes (doubled since the April meeting). Fellows of the NDAAP can submit information to Barbara or Tracy to be posted on the NDAAP Facebook page.

Smiles for Life & CCHD Update (Kimberly Yineman, Kim Mertz)

- Critical Congenital Heart Disease (CCHD) legislation/SB 2172 – (effective August 1, 2013) Per legislative mandate, the ND Department of Health (NDDoH) sent a memo to notify health-care providers & facilities stating that newborns must receive CCHD screening before being discharged from a birthing facility. It is up to the discretion of the local providers and facilities to develop policies and to implement the screening & follow up process. The NDDoH appreciated the dedication from the AAP Chapter of ND to examine this issue. Legislative language can be found at this website: <http://www.legis.nd.gov/cencode/t25c17.pdf?20130909093926>
- 50<sup>th</sup> anniversary of newborn screening – The NDDoH will be hosting an educational booth at upcoming events to raise awareness about the importance of newborn screening. In addition, facilities were offered an opportunity to check out the booth and display it locally over the next few months. We are hoping to develop a press release to raise additional awareness and celebrate 50 years of newborn screening.
- Newborn screening education with colleagues: The NDDoH would appreciate assistance with reinforcing education to providers and staff. Some topics include:
  - Screening is not a diagnostic test.
  - Physician attending the birth or birth attendant, in the case of out of hospital birth, must provide written information to the parents and subject the newborn to testing unless the family refuses it (must complete the refusal form). An educational brochure is available in hard copy or via our website at:  
<http://www.ndhealth.gov/familyhealth/publications/MetabolicScreeningTestingForHealthyChild.pdf>
  - Families may be eligible for assistance through Children's Special Health Services (CSHS) for health-care procedures such as confirmatory testing. To determine eligibility, contact CSHS at 800.755.2714.
  - Additional information regarding ND Century Code & Administrative Rules related to newborn screening can be found at: <http://www.ndhealth.gov/newbornscreening/ND-Laws.htm>
- National Collegiate Athletic Association (NCAA) sickle cell results – We have been receiving a number of requests from families for sickle cell newborn screening results which is required for competing in NCAA Division I & II athletics. However, ND did not begin screening babies for sickle cell until April 2003, so we do not have results for babies born prior to that time. Starting

August 1, 2013, the newly approved guidelines require schools to confirm the sickle cell trait status of incoming student athletes before participation in sports events in one of three ways:

- A student athlete may provide documented results of a sickle cell solubility test taken before participation in sports.
- A student athlete may sign a waiver and submit to "appropriate precautions as set forth by the institution" following pending results of a sickle cell solubility test.
- A student athlete may opt out by signing a waiver to decline confirmation of sickle cell trait status after receiving education on the implications of signing such a waiver and regarding sickle cell trait status.

The Discretionary Advisory Committee on Heritable Disorders in Newborns & Children will be discussing the sickle cell topic at their next meeting in mid-September. Fact sheets and additional information can be found at:

<http://www.ncaa.org/wps/wcm/connect/public/NCAA/Health+and+Safety/Sickle+Cell/Sickle+Cell+Landing+Page>

- Medication administration legislation/HB 1276 - (effective August 1, 2013) This bill authorizes schools, for the first time, to provide medication to students. Under law, school medication providers must receive education and training in providing medication and parental consent prior to performing this service. It also states that a teacher or classified member, who is not employed as a licensed health care provider to provide medication, may choose to not provide medication under the program. The ND School Boards Association is providing an opportunity for representatives from their membership to receive training.  
<http://www.ndsba.org/Resources/BulletinArchives/August2013.pdf> (Page two)
- Individualized Health Plan (IHP) regional project – A team from ND is participating in a Heartland regional learning collaborative with a goal of using IHPs to enhance coordinated, continuous and family-centered care for children with genetic conditions and special health care needs. Our ND team is composed of two family advocates (Moe Schroeder & Heather Wheeler), a school nurse (Linda Striebel), physician (Dr. Carver) and Newborn Screening Director/State School Nurse Consultant (Becky Bailey). The ND team will be attending the next meeting in Kansas City, MO, this week and is hoping to be able to bring back resources to share with our state. Additional nurses and parents have expressed interest in participating in this project at the local level.
- *Kathy will contact Sarah Jumping Eagle to see if she is interested in being the Oral Health advocate for NDAAP and notify Bobbi Will as to what she finds out.* Bobbi Will has attempted to contact her with no response. If Sarah Jumping Eagle is not available to be the Oral Health Advocate, Dr. Carver is the NDAAPs other recommendation. Bobbi Will has been working with Blue Cross Blue Shield to provide reimbursement for fluoride varnish and has also contacted Delta Dental to bill for reimbursement. Todd would like to meet with Blue Cross Blue Shield when Bobbi Will meets with them. Because of funding cuts, programs and staff are being cut. Senator Lee and Kaiser know this and Kim Mertz thinks that something will be brought forward at the next legislative session.

Autism Update (Lori Garnes): The Governor has had an autism spectrum task force appointed for the last 5 ½ years. The components of the autism bill that passed this session include: 1) establishment of

an autism spectrum disorder database; 2) autism spectrum disorder voucher program pilot project (will not cover ABA services); 3) expansion of the autism spectrum disorder Medicaid waiver; 4) legislative management study; 5) state autism coordinator (Tricia Page, Autism Coordinator, Dept of Human Services, [tpage@nd.gov](mailto:tpage@nd.gov)); 6) statewide ASD training program.

There were 30 slots in North Dakota for Medicaid waivers – all 30 will filled. The age has been changed from 5 to 8 and the number of slots will increase to 47. A DD waiver is available for anyone with a low IQ.

CHHS now only uses evidence-based materials and data.

Early Hearing Detection and Intervention (Neil Scharpe): Early Hearing Detection Program is asking pediatricians to, during the first well-baby visit, to ask parents if their child had a hearing screening and if the child passed. Ten percent don't pass. Parents have to be encouraged to come back for follow-up screening. 85% come in for a recheck because an OB nurse and pediatrician were influencing factors.

EHDI is looking for a practicing pediatrician to replace Dr. Hoggarth as Chapter Champion. The Fargo pediatricians will find someone to fill this spot, possibly Aaron Gunderson. *Barb will ask Aaron Gunderson and notify Neil Scharpe of who she finds to be the Chapter Champion.*

An idea was brought up to see if the pediatricians in western ND would be interested in applying for a hearing detection CATCH planning grant.

Spring Meeting: The 2014 Spring Meeting will be held on Friday, May 2 on the UND SMHS Fargo Campus. There will be continuing education offered from 10 am – 1 pm and then membership meeting will begin at 1 pm. Topics that should be included: toxic stress. Todd will contact Dr. Azure, a pediatrician who has been working in Dickinson, to present on this topic. Kathy Anderson agreed to speak on how integrated evidence based medicine can help with parents. It would be nice to hear about updates and information related to pediatric specialties. There are several new pediatric specialists in Fargo and this would be an opportunity for the specialists to educate the pediatricians on various topics (vaccine update, ID, genetics, etc.) and also allow an opportunity for the pediatricians to meet these new specialists. The theme for the meeting will be the importance of the early childhood years. Since we will be inviting people that are not pediatricians to this meeting (residents, students, nurses, PAs, NPs) we will start with an introduction of why this time is important. Include something about stress in early childhood and child abuse. Would like to get tribal issues involved. Will invite Tim Hathaway, the Executive Director of Prevent Child Abuse North Dakota. Kathy Anderson experience in toxic stress in young children. Would be interested in knowing what can be done in our practices.